

PUBLIC HEALTH ALERT

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Regional Public Health
Better Health For The Greater Wellington Region



To:	General Practices, Pharmacists, After-Hours Centres and Emergency Departments in the greater Wellington and Wairarapa regions
From:	Dr Annette Nesdale, Medical Officer of Health
Date:	5 July 2016 2016
Title:	Ministry of Health Advisory on Zika virus

Please distribute the following information from the Ministry of Health to relevant staff in your organisation.

If you would like to receive this by email please advise RPH of your email on rph@huttvalleydhb.org.nz.
All public health alerts are available at www.rph.org.nz (health professionals – public health alerts)

ZIKA VIRUS ADVISORY SUMMARY:

Following further research regarding the impact of Zika virus infection during pregnancy, the Ministry of Health has updated its advice for women who are pregnant, or who plan to become pregnant in the near future and are considering travel to Zika-affected areas. This advice is in accordance with that of the World Health Organisation.

The updated advice is as follows:

The Ministry of Health recommends that women who are pregnant or plan to become pregnant in the near term should defer travel to areas with Zika virus present. If travel is essential, if possible delay pregnancy, if travelling to these areas.

This advice will be present on all Ministry websites and has been added to the Interim Guidance for Health Professionals document available here: <http://www.health.govt.nz/our-work/diseases-and-conditions/zika-virus>.

The Ministry of Health will continue to review New Zealand guidance as further information becomes available.

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He ture no nga korero katoa kei roto o tenei karere, no reira, kia tupato. Mehemea kaore matau kua e mau. Me whakamohiotia atu ki to Tari, me te mea nana I tonu mai. E Tika Hoki.