

(Coronavirus) COVID-19

Do you think you have COVID-19?

Have you spent time **overseas** in the last 14 days
OR have you been close to someone diagnosed with
COVID-19?

Do you feel unwell now with **ANY** of these symptoms?

Cough



Fever



Breathing difficulties



If you develop these symptoms while you are in New Zealand, please **free phone 0800 358 5453**. Tell them what countries you have been in. You can ask for an interpreter. They will provide advice on what to do.

If you have a doctor in New Zealand, please **tell them you have travelled overseas**.

For information and countries/areas of concern visit the Ministry of Health (NZ) website:
www.health.govt.nz/covid-19

