

# Kia haumarū i ēnei hararei – be safe over these holidays

When you keep yourself safe and your whānau safe you Protect Our Whakapapa.

This summer, be COVID conscious – whether at home, on the marae, in public, with whānau and when organising gatherings.

There are things from the rāhui that are now part of everyone's NEW NORMAL – like hand hygiene, contact tracing, staying home if unwell.

We all stepped up to make these simple changes. This summer, we need to keep doing these four simple things:

- Wash hands
- Scan QR codes
- Turn on Bluetooth tracing on the NZ COVID Tracer app
- Stay home if you're unwell and get advice about a COVID-19 test.

Heoi puritia kia ū, kia mataara – hold fast, and be vigilant.

## Planning your summer holiday

- Aroha can be displayed by packing a kit containing hand sanitiser, a mask, cleaning products, and a booklet for contact tracing – you never know what facilities will be available at the places you'll be visiting.
- Remember to scan or sign into places using the NZ COVID Tracer app or keep a record of where you've been. This is especially important when on holiday because you may not remember all the locations you have visited. Keep your phone handy to make signing in quick and easy.
- Stay home and avoid events and activities if you are unwell and call Healthline on **0800 358 5453**.

If you become unwell while on holiday, contact Healthline who can advise whether you should be tested. If you are advised to get a test, please do so. Do not wait until you get home to get tested.

## Key tips for running your event

- Manaakitanga can be shown by displaying a QR code and providing and promoting hygiene standards. Printing QR code posters is easy and it can be done [here](#).
- Show aroha by making your whānau gathering COVID conscious. Keep to the rules, encourage whānau to stay home if sick.
- Consider holding your event outdoors. The more space people have, the harder it is for COVID-19 to spread if it is in the community.
- Have plentiful hand washing and hand sanitising facilities/stations available. This may need to be in addition to your bathroom facilities.
- Have a regular cleaning schedule – especially for ‘high touch’ objects and surfaces which will be touched or used by many people such as handles and bathroom facilities.
- For larger events, the event sector voluntary code can be viewed at [New Zealand Major Events](#).
- Use the Unite Against COVID-19 [Events Checklist](#) when planning your event.

We hope you find time to relax and unwind with one of the many events over summer in Te Ūpoko o te Ika a Māui.

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