

# LONG TERM CARE FACILITY OUTBREAK PROCEDURES – FACILITY

## OUTBREAK DEFINITION

### Influenza Like Illness (ILI)

3 cases (staff or resident) in 48 hours

**Or**

4 cases (staff or resident) in 7 days

### Gastro

2 or more cases linked to common source in 48 hours

4 or more cases linked to common source in 7 days

Notify RPH of outbreak

**570 9002**

Notify Infection Control  
Community Nurses **918 6515**  
or by email

## MANAGEMENT OF RESIDENTS

**Specimens** – Throat swab, ILI or faecal spec - gastro  
(Add RPH outbreak number to lab request form)

**Isolation of sick people and restriction of movement within facility if required**

**PPE** – Staff and visitors

**Illness log** – fax or email to RPH daily

**Staff** – exclusion if unwell

**Visitors** – communication, signage, restriction

## CLEANING & DISINFECTION

**Hand washing** – soap and water

**Bleach sanitation for hard surfaces, commonly used surfaces**

**PPE** – for staff cleaning up vomit, diarrhoea and rooms of infected people

**Laundry** – hot wash

## FURTHER INFORMATION

### Gastro

For further information refer to the executive summary of the Gastro Guidelines for the management of Norovirus Outbreaks in Hospital and Elderly Care Institutions.

Contact RPH and get the gastro pack

### Flu

Contact RPH and get the flu pack

(include website **rph.org.nz**)

# FACILITY OUTBREAK PROCEDURES – RPH

## NOTIFICATION RECEIVED

Background/ history is obtained

Determine if it is an outbreak

Outbreak number is assigned

RPH checklist completed

## MANAGEMENT

### All outbreaks

- set up liaison and follow up with Facility Manager
- Send outbreak response pack
- Advice + support measures to stop outbreak
- review daily log

### ILI

Throat swabs – assist taking if necessary

Visit and advise as required

### Gastro

- Faecal specimens obtained
  - Investigate source of outbreak
  - Exposure pathway
  - Likely common source of pathogen

## OUTBREAK

### Advice and monitoring

Community IC nurse gives advice and visits premises if necessary

Once it is mutually agreed that the outbreak is complete, a data analysis and outbreak report is generated for ESR.