# Regional Public Health

Regional Public Health offers a range of services throughout the greater Wellington region including:

- Health promotion
- Health protection
- Communicable disease prevention
- Public Health Nurses in early childhood centres (Wairarapa only)

These services can be accessed by contacting Regional Public Health on 04 570 9002.

## Mission Statement

A team of motivated health professionals working together with schools and communities to encourage positive health outcomes

Regional Public Health
HAUORA Ā IWI KI TE ŪPOKO O TE IKA A MĀUI
Better health for the greater Wellington region

## Contact Us

Regional Public Health
Level 1 Community Health Building
Hutt Hospital
High Street
Private Bag 31907
LOWER HUTT 5040

Phone: 04 570 9002
Fax: 04 570 9211

www.rph.org.nz

## District Offices

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|---|---|
| Lower Hutt: | Hutt Hospital, High Street, Lower Hutt |
| Porirua: | Level 3, Housing Corp Building, 1 Walton Leigh Avenue, Porirua |
| Wairarapa: | 9 Russell Street, Masterton |

# Child Health Cluster

The Child Health Cluster is part of Regional Public Health, delivering health services to the greater Wellington region

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# The School Health Team

**Our services are confidential, provided free of charge and available Monday to Friday.**
**While our focus is on schools in high needs areas, every school has access to a Public Health Nurse.**

## Public Health Nurses

- Support children referred by parents/caregivers or schools
- Assess, advocate and refer to hospital, outpatients, specialists or education services
- Link children and families with community and social services
- Support access to health care
- Focus on high need areas to advise and support schools
- Respond to pandemics and public health emergencies

## Immunisation Nurses

Provide Year 7 Boostrix and Year 8 girls and boys HPV vaccines in schools.

## BCG Nurses

Provide eligible babies up to six months old with the BCG vaccine from a Lead Maternity Carer referral.

Children up to five years will also be seen following a discussion with the nurses.

## Health Promotion Activities

Public Health Nurses promote a range of activities in schools including:

- Smoke-free living
- SunSmart
- Mental well-being
- Oral health
- Healthy eating
- Physical activity
- Healthy relationships
- Resources and regular information
- Water-only school

## Community Mobile Ear Clinic

The Porirua Community Mobile Ear Clinic is a free nurse-led service for children aged 0-18 years.

The Ear Nurses:

- Have specialist knowledge of ears and associated problems
- Offer assessment of ears, advice and some minor treatment
- Refer children to Audiology, Ear, Nose and Throat clinics and other health and education services

## Vision and Hearing Technicians

Provide vision and hearing screening and advice in early childhood centres, B4 School Check clinics, schools and health centres.