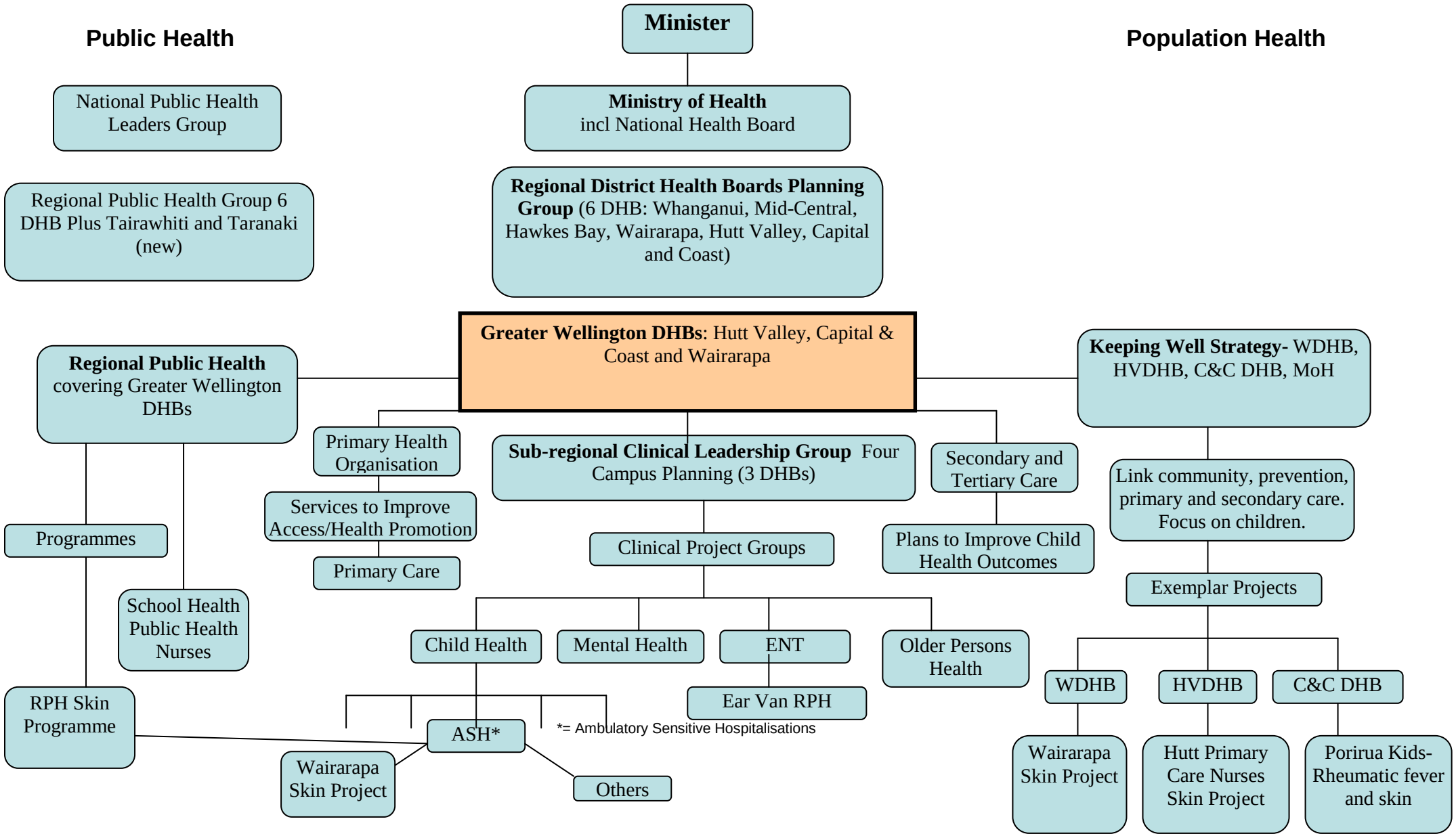Regionalisation in Health