

Resource Update


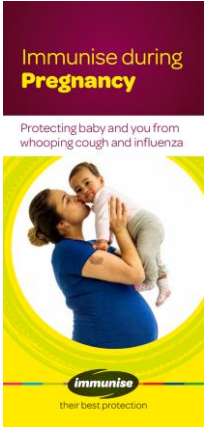

June 2018

New or revised resources now stocked in the Resource Room, Regional Public Health, 1st floor Community Health Building, Hutt Hospital, High St, Lower Hutt

To order please contact - Laurina Francis **P** – 570 9691 **F** – 570 9211

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E Version – www.rph.org.nz – Resources / Health Information Centre / Newsletters

<p>NATIONAL TELEHEALTH SERVICE</p> <p>SOURCE: HealthEd</p> <p>CODE: HE2522</p> <p>LANGUAGE: English</p> <p>FORMAT: Wallet Card</p> <p>PUBLICATION DATE: Nov 2017</p>	<p>Description: A fold out wallet card with the National Telehealth Service numbers and information.</p> <p>The national telehealth services are an integrated range of free, professional health and mental health and addictions services.</p> <p>View Content: Here</p>	 <p>Free virtual national telehealth services for Kiwis</p> <p>run by</p> <p>Homecare Medical partners in connected care</p> <p>In partnership with</p> <p>MINISTRY OF HEALTH MINISTRY OF SOCIAL DEVELOPMENT Te Kaitiaki Take Kōwhiri Te Kaitiaki Take Kōwhiri Te Kaitiaki Take Kōwhiri</p>
<p>IMMUNISE DURING PREGNANCY</p> <p>Source: HealthEd</p> <p>Code: HE2503</p> <p>Language: English</p> <p>Format: Pamphlet DLE</p> <p>Publication Date: April 2018</p>	<p>Description: This leaflet is for pregnant women and their families. It explains the immunisations recommended to protect mum and baby against serious diseases such as whooping cough and influenza.</p> <p>View Content: Here</p>	 <p>Immunise during Pregnancy</p> <p>Protecting baby and you from whooping cough and influenza</p> <p>immunise their best protection</p>
<p>INFORMATION ABOUT SCHOOL IMMUNISATIONS IN TE REO</p> <p>Source: HealthEd</p> <p>Code: HE2537</p> <p>Language: Maori</p> <p>Format: Video - Online only.</p> <p>Publication Date: Feb 2018</p>	<p>Description: In this Te Reo Māori video, Duane and Hinetaapora talk about getting immunised against serious diseases such as tetanus, diphtheria, whooping cough (or pertussis) and most cancers caused by HPV. It covers what immunisation does, why you need it; what immunisations are for; and how to get parental consent.</p> <p>View Content: Here view online or download the MP4 file.</p>	 <p>Te Reo Māori video still showing two people talking.</p>

EASY MEALS WITH VEGETABLES

Source: Health Promotion Agency

Language: English

Format: Card Pads A4

Publication Date: March 2018

Description: Recipe cards showing basic storage, preparation and cooking techniques.

They will be useful to those running introductory cooking classes, in vegetable co-op boxes and/or for use in healthy lifestyle programmes.

View Content: [Here](#) (scroll 2/3 down screen to click on pdfs)

New Recipe Videos: Alongside the new recipe cards, 37 more short videos have been developed. These videos are each a couple of minutes long and show basic techniques used in the recipe. They can be used alongside the recipe cards or alone.

All videos can be viewed [here](#) or on the [Heart Foundation's YouTube page](#)



Card Titles: Beef, Mince, Poached Eggs, White Fish, Fish Filleting, Spinach, Tomato, Cabbage, Eggplant, Bok Choy, Sweetcorn, Courgette, Potatoes, Iceberg Lettuce, Cauliflower, Broccoli.

MY GOAL CHART

Source: HealthEd

Code: HE2539

Language: English

Format: A4 Pad of 20 Leaflets

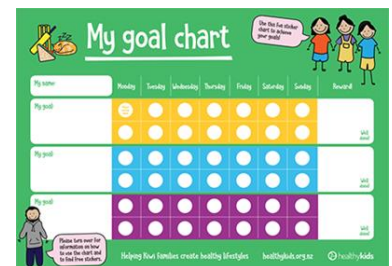
Publication Date: March 2018

Description: Created to support health professionals to initiate conversations with families of children identified as 'obese' at their B4 School Check.

Printed copies of the resource are only to be ordered by B4 School Check practitioners which includes GPs, Health nurses, Plunket nurses, etc.

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FREE copies of the goal chart can be downloaded.



The chart is also useful for children identified as overweight, fussy eaters, poor sleepers or physically inactive, and is a fun way to encourage behaviour change for children and their families

NATIONAL BOWEL SCREENING PROGRAMME – QUICK GUIDE

Source: HealthEd

Code: HP6820

Language: English

Format: Pamphlet DLE

Publication Date: March 2018

Description: Pamphlet promoting the free National Bowel Screening Programme for people aged 60–74, including information about bowel cancer and symptoms, the screening test, and directing to sources of additional information.

View Content: [Here](#)



BOWEL SCREENING - FOR 60 TO 74 YEAR OLDS

Source: HealthEd

Code: HP6826 - HP6835

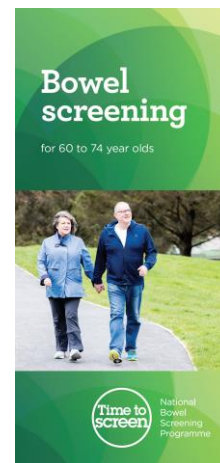
Language: English, Chinese Simplified, Hindi, Korean, Maori, Niuean, Samoan, Tongan

Format: Leaflet DLE

Publication Date: March 2018

Description: Gives brief information promoting the free National Bowel Screening Programme for people aged 60–74, and directing to sources of additional information.

View Content: English - [Here](#)



QUICK REFERENCE GUIDE FOR PRIMARY HEALTHCARE TEAMS

Source: HealthEd

Code: HP6836

Language: English

Format: A3 sheet folded to A4

Publication Date: March 2018

Description: Gives information for primary health care providers about the National Bowel Screening Programme pathway, including communicating with patients when a test is positive, and colonoscopy.

View Content: [Here](#)



THIS LITTLE TEST HELPS FIND BOWEL CANCER EARLY

Source: HealthEd

Code: HP6822

Language: English

Format: Poster A3

Publication Date: March 2018

Description: Poster promoting the free National Bowel Screening Programme to eligible men and women aged 60–74.

View Content: [Here](#)

