

# Resource Update

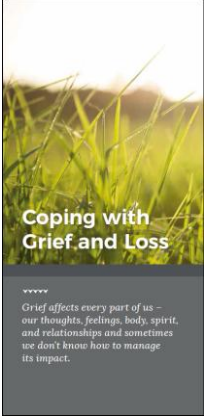


September 2017


**New or revised resources now stocked in the Resource Room, Regional Public Health, 1<sup>st</sup> floor Community Health Building, Hutt Hospital, High St, Lower Hutt**

**To order please contact - Laurina Francis P – 570 9691 F – 570 9211**

**E - [laurina.francis@huttvalleydhb.org.nz](mailto:laurina.francis@huttvalleydhb.org.nz)**

**E Version – [www.rph.org.nz](http://www.rph.org.nz) – Resources / Health Information Centre / Newsletters**

<p><b>Coping With Grief and Loss</b></p> <p><b>Layout:</b> DLE Pamphlet</p> <p><b>Source:</b> HPA / HealthEd</p> <p><b>Code:</b> HE2524</p> <p><b>View Content:</b> <a href="#">Here</a></p>	<p><b>New – Sept 2017</b></p> <p>A pamphlet giving information about grief and loss. It suggests ways to cope or to help others to cope</p> <p><b>Replaces HE8005 – Grief and Loss</b></p>	
<p><b>Colposcopy</b></p> <p><b>Layout:</b> DLE Pamphlet</p> <p><b>Source:</b> HealthEd / NSU</p> <p><b>Code:</b> HE1202</p> <p><b>View Content:</b> <a href="#">Here</a></p>	<p><b>Major revision and re-design – August 2017</b></p> <p>Information for women who need to have a colposcopy and biopsy following an abnormal cervical smear test result. For health professionals only.</p> <p><b>Please discard old version</b></p>	
<p><b>Smear Test Reminder Card</b></p> <p><b>Layout:</b> Wallet Card</p> <p><b>Source:</b> HealthEd / NSU</p> <p><b>Code:</b> HE1912</p> <p><b>View Content:</b> <a href="#">Here</a></p>	<p><b>Major revision and re-design – August 2017</b></p> <p>Reminder card for wallet of when next cervical smear test (cervical screening) is due, credit-card sized, folded, opening out to show a calendar.</p>	

<p><b>Food Safety: Avoiding Listeria</b></p> <p><b>Layout:</b> DLE Pamphlet</p> <p><b>Source:</b> HealthEd</p> <p><b>Code:</b> HE9007</p> <p><b>View Content:</b> <a href="#">Here</a></p>	<p><b>Medium Revision – content and images refreshed – May 2017</b></p> <p>Listeria information for vulnerable people, including pregnant women. Listeria bacteria cause the infection listeriosis, but this can be prevented by safe food preparation, handling and storage practices.</p> <p><b>Please discard old version</b></p>	
<p><b>Wash And Dry Your Hands For 20 Seconds</b></p> <p><b>Layout:</b> A6 Sticker</p> <p><b>Source:</b> HealthEd</p> <p><b>Code:</b> HE2525</p>	<p><b>New Replacement – September 2017</b></p> <p>(Replaces old wash hands stickers - HE1556 and High Five series)</p> <p>Advising the importance of washing hands for 20 seconds with soap and running water, and also drying hands thoroughly (for another 20 seconds).</p> <p><b>Please discard old versions</b></p>	
<p><b>The Blokes Book</b></p> <p><b>Layout:</b> A5 Book</p> <p><b>Source:</b> Father and Child</p> <p><b>View Content:</b> <a href="#">Here</a></p>	<p><b>New Wellington version - July 2017</b></p> <p>Contains heaps of information, contacts and links to useful online resources that you may find helpful – covering a wide range of things from leisure and recreation, to volunteering, physical and mental health, men’s groups, parenting and separated dads.</p>	
<p><b>Know The Danger Signs</b></p> <p><b>Layout:</b> A2 / A4 Posters</p> <p><b>Source:</b> Family Violence – It’s Not OK – Ministry of Social Development</p>	<p><b>New</b></p> <p>Know the danger signs of partner abuse.</p>	