

DONNING PPE.

1. PREPARATION

Remove all jewellery, earrings/ watch (Except simple wedding ring)
Secure hair. Use surgical hair net PRN
Gather equipment
Assemble PPE e.g. N95/ mask, gown, gloves,
visor -attach nose bridge PRN
Communicate with patient via phone PRN

Sanitise hands with alcohol based hand sanitiser



2. GOWN

Put on disposable gown
Secure Velcro at the top of the neck and then the side



3. N95 RESPIRATOR OR SURGICAL MASK or MASK WITH VISOR ATTACHED

Remove glasses if worn
Open Mask/ N95 and place over chin and nose,
don't over-stretch elastic
Position straps (Or tie tightly) at top of head and neck
Smoothly fit flexible metal band to Nose Bridge.
(Pinch and twist chin band, if green REM N95 worn)
(Replace glasses. Put arms of glasses under masks straps).
Fit-check, by breathing in and out and readjusting if air leaks



4. DISPOSABLE FACE VISOR

Place face visor or goggles on
Visor arms over N95 straps and hair net



5. GLOVES

Put on non-sterile gloves,
Gloves over cuffs of gown.



6. CHECK

All items for room are organised
Mask/ N95 fits well, gown done up, gloves on, visor on
Visors arms are on top of mask/ N95 straps and hair net- if worn.

Doffing PPE : Read aloud each step, then do

1. GOWN

Untie waste tie at side



Grasp gown below shoulder seams
Pull out to break neck Velcro



Holding gown above elbows,
pull gown down turning inside out as you go
Roll away from body.



2. GLOVES

Remove gloves as gown is pulled over hands
or



Remove gloves separately

Sanitise thoroughly on hands and wrists until dry



3. EYE WEAR

Grasp side arms of visor and remove forward
Discard or clean according to local policy



Sanitise thoroughly on hands and wrists until dry



4. MASK/ N95/ MASK with Visor attached

Grasp/ untie the bottom elastic strap, (and scrunch up bottom hair net)
Then the top elastic strap (and scrunch up front hair net)
Remove hair net and elastic straps/ ties together
away from the body



Sanitise thoroughly finger tips to elbows until dry

