

# DON'T BRING COVID-19 HOME



Practice 2 metre physical distancing between you and others, as much as possible



Wash your hands often and thoroughly with soap and water, then dry



Clean high touch surfaces and objects such as door handles, phones, mouse, drawers, desk, keyboard at the end of each day with disinfectant



Don't use your hands where possible - push open doors with shoulder or feet and use hand gel afterwards



Consider bringing only essential items to work e.g. drivers licence, ID, personal medical supplies

Use a disinfectant that is anti-viral and follow instructions. More info at [www.covid19.govt.nz/covid-19/how-were-uniting/cleaning-surfaces](http://www.covid19.govt.nz/covid-19/how-were-uniting/cleaning-surfaces)

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