# Long-term Care Facility Outbreak Procedures



## >> Facility

## **Outbreak definition**

### Respiratory (ILI)

A respiratory outbreak, including COVID-19, is defined as:

• 3 cases (staff or resident) in 48 hours

#### OR

 4 cases (staff or resident) in 7 days

#### Gastro

- 2 or more cases linked to common source in 28 hours
- 4 or more cases linked to common source in 7 days

Notify Public Health of outbreak on **04 570 9002** 

Notify Infection Control Community Nurses on **918 6515** or by email

# Management of residents

**Specimens** - throat swab, ILI or faecal spec - gastro (Add public health number to lab request form)

Isolation of sick people and restriction of movement within facility if required

**PPE** - staff and visitors

**Illness log** - fax or email to public health daily

**Staff** - exclusion if unwell

**Visitors** - communication, signage, restriction

# Cleaning and disinfecting

**Hand washing** - soap and water

Bleach sanitation for hard surfaces, commonly used surfaces

**PPE** - for staff cleaning up vomit, diarrhoea and rooms of infected people

**Laundry** - hot wash

## **Further information**

#### Gastro

For further information refer to the executive summary of the Gastro Guidelines for the Management of Norovirus Outbreaks in Hospital and Elderly Care Institutions.

Contact Public Health and ask for the gastro pack.

#### Flu

Contact Public Health and ask for the flu pack.

www.rph.org.nz



## >> Public Health

## **Notification received**

Background/history is obtained

Determine if it is an outbreak

Outbreak number is assigned

Public Health checklist completed

## Management

#### All outbreaks

- Set up liaison and followup with Facility Manager
- Send outbreak response pack
- Advice and support measures to stop outbreak
- Review daily log

#### ILI

- Throat swabs assist taking if necessary
- Visit and advise as required

#### Gastro

- Faecal specimens obtained
- Investigate source of outbreak
- Exposure pathway
- Likely common source of pathogen

## **Outbreak**

## **Advice and monitoring**

Community IC nurse gives advice and visits premises if necessary

Once it is mutually agreed that the outbreak is complete, a data analysis and outbreak report is generated for ESR