

Why do we wash our hands?

To wash those bugs & germs away

So we don't get sick ourselves

So we don't make others sick

When do we wash our hands?



After using the toilet



Before you touch or eat food



After playing with animals



After coughing or sneezing



After playing outside

How do we wash our hands?

1.



Wet hands

2.



Add soap

3.



Spread soap all over

4.



Rub hands together

5.



Rinse well

6.



Dry hands

Wash your hands for 20 seconds → Dry for 20 seconds