

# Common symptoms of a Cold, the Flu and COVID-19

Symptom	Cold	Flu	COVID-19
 Fever and/or chills			
 Headache			
 Muscle pain or body aches			
 Feeling tired or weak			
 Sore throat			
 Runny or stuffy nose			
 Sneezing			
 Cough			
 Shortness of breath or difficulty breathing			
 Vomiting and diarrhoea			
 Temporary loss of smell or altered sense of taste			

**If you or a family member becomes very unwell,  
has difficulty breathing or feels unsafe, immediately call 111.**