

Measles fact sheet - Sāmoan

Popolega i le misela?

Masalo ua e logotala e uiga i le pepesi o le misela i le lalolagi i le taimi nei, e a'afia ai ma Niu Sila nei. O le misela e mafai ona lamatia ai tamaiti ma tagata matutua.

Fa'amolemole ia faia tui puipui o tamaiti i le 15 masina ma le 4 tausaga le matutua ina ia puipuia mai ai i le misela. E faia fua i le foma'i.

Afai o oe po'o lau tama e le'i faia se tui puipui, fa'amolemole ia va'ai lau foma'i.

O a'uga o le misela o le fiva, tafe o le isu, tale, mūmū o mata, ma le pata/mu ma mageso le tino. E mafai ona e pipisi atu le misela i isi tagata mai le lima o aso muamua a'o le'i aliali mai le pata/mu ma le mageso o le tino, se'ia o'o atu i le lima o aso talu ona te'a.

Pe sa e latalata atu i se tagata o maua i le misela? Po'o le atagia mai ai oni āuga? **Nofo i le fale ma vili lau foma'i po'o le Healthline (0800 611 116) mo se fautuaga.** E i ai fa'amatala'upu a le Healthline – Afai e tali mai i lau vili atu, ona fa'ailoa lea i ai e te mana'omia se fa'amatala'upu ma ta'u iai le gagana e te mana'o e te fia talanoa ai.

Worried about measles?

You may have heard there are measles outbreaks around the world at the moment, including here in New Zealand. Measles can be dangerous for children and adults.

Please get your children vaccinated at 15 months and 4 years old to prevent measles. It's free at the doctor.

If you or your child has not had a measles vaccine, please see your doctor.

The symptoms of measles are a fever, runny nose, cough, red eyes, then a rash. You can spread measles to others from five days before, until five days after, the rash appears.

Been close to someone with measles? Or showing symptoms? **Stay at home and call your doctor or Healthline (0800 611 116)** for advice. Healthline has interpreters – when your call is answered, say you'd like an interpreter and the language you'd like to speak in.

Measles Fact Sheet adapted from Auckland Regional Public Health Service Fact Sheet

If you or your child is unwell, call your family doctor or Healthline on 0800 611 116 for free advice from a registered nurse 24 hours a day 7 days a week.

For further information call Regional Public Health on (04) 570 9002 or visit www.rph.org.nz

Te Whatu Ora
Health New Zealand

Capital, Coast, Hutt Valley and Wairarapa