



HAUORA KAI CO-OP

EASTSIDE: RANUI, CANNONS CREEK, WAITANGIRUA,
ASCOT PARK, AOTEA, WHITBY

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

JOIN NOW!

Search for 'Hauora Kai Coop'



Wesley
Community
Action

Regional Public Health

HAUORA Ā IWI KI TE ŪPOKO O TE IKA A MĀUI
Better health for the greater Wellington region



Join Hauora Kai Co-op and help us flip the dial on the broken food system!

Buying regular **\$15** fruit and vege packs from the Hauora Kai Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh and healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available every Tuesday from six pick-up points between Whitby and Cannons Creek, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

Hauora Kai Co-op: We're about community, not profit

Find out more: call or text Lynda on 027 322 397,
email us at wesleyhouse@wesleyca.org.nz
or find us on Facebook, search **Hauora Kai Co-op**