



UPPER HUTT FRUIT & VEGE CO-OP

FROM THE GROWER TO YOU. POWERED BY COMMUNITY.

JOIN NOW!

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Wesley
Community
Action

Regional Public Health

HAUORA Ā IWI KI TE ŪPOKO O TE IKA A MĀUI
Better health for the greater Wellington region



Join Upper Hutt Fruit & Vege Co-op and help us flip the dial on the broken food system!

Buying regular **\$15** fruit and vege packs from the Upper Hutt Fruit and Vege Co-op is a great deal for you – and it helps us to provide affordable tāmatoa hauora kai (fresh healthy food) to everyone in our community.



It's a numbers thing. The more whānau who buy our packs, the more delicious fresh produce we can get into every pack.

Available every Wednesday from our pick-up points, it's fresh from the growers, packed by volunteers, and always cheaper than the supermarket.

Upper Hutt Fruit & Vege Co-op: We're about community, not profit.

Find out more: call or text **Georgie** on 021 229 6185,
email us at uh.vege.coop@gmail.com
or find us on Facebook, search Upper Hutt Fruit & Vege Co-op