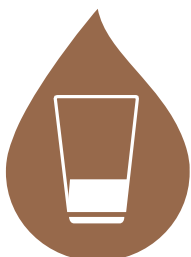


# WATER-ONLY SCHOOLS GRADING SCALE CHECKLIST



School: \_\_\_\_\_



## BRONZE LEVEL 1

Water and plain reduced fat milk are the **only** drinks permitted at school. This means all other drinks are **actively** discouraged from being brought into school and are also **not sold** at school, including through canteens and lunch orders. Many schools are already at Bronze level!

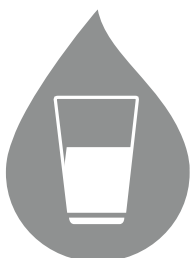
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### STEPS TO GO THE H2O AND BECOME WATER-ONLY

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- Water and plain reduced fat milk are the **only** drinks permitted at school, including breakfast clubs and vending machine drinks.
  - All school sporting events are water-only. This includes prizes.
  - Staff are actively encouraged to have less sugary drinks in their class/staffroom.
  - School has developed a water-only policy.
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**Bronze Level 1** achieved on \_\_\_\_/\_\_\_\_/\_\_\_\_



## SILVER LEVEL 2

### Bronze level 1 achieved

Water and plain reduced fat milk are the **only** drinks permitted at school and at school events, and sugary drinks are **not used for rewards or fundraising purposes**. This means all other drinks are **actively** discouraged from being brought into school and are also **not sold** at school, including through canteens and lunch orders.

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### STEPS TO GO THE H2O AND BECOME WATER-ONLY

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- The majority of fundraising activities are water-only.
  - Students actively participate in promoting **Go the H2O**.
  - Staff are actively encouraged to have less sugary drinks in their class/staffroom.
  - School has embedded a water-only policy.
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**Silver Level 2** achieved on \_\_\_\_/\_\_\_\_/\_\_\_\_



## GOLD LEVEL 3

### Silver level 2 achieved

The school has **nutrition/water-only policy** with **guidelines and procedures** ensuring that water and plain reduced fat milk are the **only drinks permitted at school and school events, including rewards, celebrations, sporting fixtures and fundraising**.

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### STEPS TO GO THE H2O AND BECOME WATER-ONLY

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- 100%** of school fundraising activities are water-only.
  - School reviews the terms and hire agreement for external agencies who use the school buildings for events that are child focused with reference to the nutrition/water-only policy.
  - Sugary drinks are not sold at school or school events. This includes fundraising and items sold by the canteen or as part of lunch orders.
  - Only water, tea, coffee and plain milk are available in the staffroom.
  - Staff utilise health based professional learning and development workshops.
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**Gold Level 3** achieved on \_\_\_\_/\_\_\_\_/\_\_\_\_