



# WELL HOMES

Wellington Housing Coordination Service

wellhomes@huttvalleydhb.org.nz

0800 675 675

Quarterly Newsletter

**JANUARY-  
MARCH 2018**

Well Homes is a housing coordination service for the greater Wellington region that supports whānau to live in a **warm, dry and safe home.**

**Thanks Brother, Central Linen Services, NZ Merino and Designer Textiles International!**

*Nau mai, haere mai  
Kia mau ki te Maoritanga*



**te Runanganui o te Atiawa**

This year Well Homes and Te Runanganui o Te Atiawa worked together to organise replacement linen for the services pepi-pods. Without linen Runanga staff are unable to use the returned pods although they have whānau who need them. Utilising the current prison network Well Homes was able to co-ordinate the services of the Unit 6 inmates (Rimutaka Prison) to sew the sheet sets which fit the pepi-pod mattresses, using linen donated by Central Linen Services. We'd like to thank NZ Merino and Designer Textiles International, who donated

merino samples so we could make blankets for the pepi-pods. Thanks also to Brother International who have donated an over locker to the prison for this project, but are allowing them to keep it once completed for use on other initiatives which will benefit the community. We've enjoyed facilitating this initiative as safe sleeping spaces for babies is an issue the programme actively addresses during our housing assessments.



Examples of the merino blankets

If you would like more information on safe sleep practices contact:

- The Runanaga on (04) 5871646
- Maraeroa Marae Health Clinic (04) 2358000
- Ora Toa Health Unit (04) 2370131
- Ora Toa Ponake Medical Centre (04) 2450026



## INTERVENTION NUMBERS

For the period January - March 2018

**56**



Visits completed

**233**



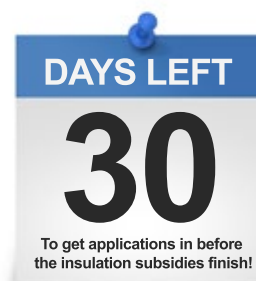
Total number of family members  
(119 of those being children)

Interventions given to whānau	No. of referrals
Beds and Bedding	92
Curtains	84
Floor Coverings	6
Health referrals	5
Heating Sources	72
Insulation	14
Key messages on creating a warmer, drier and healthier home	56
Minor Repairs	71
Mould Kits	56
Other (i.e. Wa Kainga education book, door snakes, fire guards)	312
Social Housing Relocation	21
Social referral	8
Ventilation	10
<b>Total</b>	<b>807</b>

## Insulation- last chance for 50% insulation discount for rentals!

Insulation is the number **one** solution to improve home health, warmth and comfort. Good quality and well-fitted insulation will keep your home warm and energy efficient for years.

For just a few more months, until June 2018, government funding will pay 50% towards ceiling and underfloor insulation in eligible properties. You may be eligible for this subsidy if lead tenants or home owners meet the low-income threshold. The subsidy is around \$1,250 on average, via the [Warm Up New Zealand: Healthy Homes insulation programme](#). To access the generous discount all applications will need to be completed **before the end of April 2018**. We strongly urge all landlords and property managers working with properties that are not insulated (or under-insulated) to consider the insulation scheme for all of their properties. Find out if you can save money by visiting [www.sustaintrust.org.nz](http://www.sustaintrust.org.nz)



## Meet our supporter

**Kelly Silver, Graphic Designer/Administrator,  
Regional Public Health**

Kelly has been working at Regional Public Health for almost four years, and actively supporting the programme since it began in 2015. We have her to thank for designing all of our Well Homes resources including our logo, posters and forms, as well as formatting our newsletters.



## We've been busy!

The Well Homes team has been busy this quarter attending some amazing community events across Wellington. You may have meet us at Te Ra o te Raukura, Creekfest or TuMeke Taita. Thanks to our Rimutaka Prison partners we were able to give away over 700 door snakes!



## Home Performance training for our assessors

Well Home's assessors Shirley Pierce, Latisha Coffey and Tui Tepania attended the one day Home Energy Awareness (level 1) Home Performance Advisor training. The certificate in Home Energy Awareness supports skill development around:

- ✓ efficient household energy use,
- ✓ key household occupant behaviours which contribute to healthy housing practices, and
- ✓ research based advice on how to address common housing issues.

Every Well Homes assessor has now completed this training which ensures alignment between all Well Homes assessments.





## SAVE MONEY ON YOUR FOOD BILL

Join the Fruit & Vege Co-op today!



Have you heard of the Fruit & Vege Co-op who are making fresh fruit and vegetables cheaper and locally available? The co-op has packs of fruit and veges at wholesale prices that you can collect from local hubs across Wellington.

For more information about your nearest hub, healthy recipe ideas or to read the co-ops latest newsletter visit [www.rph.org.nz/public-health-topics/nutrition/fruit-and-vege-co-ops](http://www.rph.org.nz/public-health-topics/nutrition/fruit-and-vege-co-ops)

## Need curtains!

If you have a Community Services Card, you can get free, lined curtains from the Wellington Curtain Bank. Curtains are a great way of keeping cold out and heat in, resulting in lower power bills and better health. They have a new online submission form to make it even easier to get free curtains.

- To find out more about getting free curtains, go to this page: [www.sustaintrust.org.nz/free-curtains](http://www.sustaintrust.org.nz/free-curtains)
- If you'd like to donate curtains to help them meet winter demand, find out more about what they accept here: [www.sustaintrust.org.nz/donate-curtains](http://www.sustaintrust.org.nz/donate-curtains)

If you need curtains but don't have a Community Services Card, they do have a paid service, more here: [www.sustaintrust.org.nz/curtains](http://www.sustaintrust.org.nz/curtains)



## Local firewood

Well Homes and Upper Hutt Community Corrections are working together to trial a free firewood initiative. As part of the Community Correction programme people serving periodic detention (PD) are breaking down unwanted pallets and packaging them (along with paper fire bricks) for distribution to local community groups. This initiative is being trialed in the Upper Hutt area, and if successful will be extended across the Greater Wellington region. If you know of anyone who would like to donate unwanted pallets (not treated or painted) please email [wellhomes@huttvalleydhb.org.nz](mailto:wellhomes@huttvalleydhb.org.nz) and we will pass your details on.

## Do you have any tenancy concerns?



Agnes Ta'anoa, Well Homes Administrator, seems to have received a lot more phone calls recently from whanau asking for general tenancy related information.

Tenancy Services is a part of the Ministry of Business, Innovation and Employment and they have a new awesome Facebook page: [www.facebook.com/tenancynz](https://www.facebook.com/tenancynz)

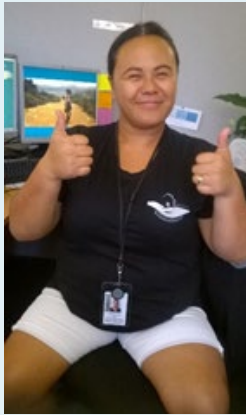
## Tenancy Services



MINISTRY OF BUSINESS,  
INNOVATION & EMPLOYMENT  
HIKINA WHAKATUTUKI






They provide information on the rights and responsibilities of both landlords and tenants, as well as offer guidance on dealing with common tenancy issues – they also have a website [www.tenancy.govt.nz/about-tenancy-services](http://www.tenancy.govt.nz/about-tenancy-services) or call 0800 836 262 (0800 TENANCY).

## ASSESSOR'S TOP TIP FOR THE MONTH!



### Latisha Coffey, Public Health Nurse, Regional Public Health

Latisha recommends you think about how to best reduce the moisture in your home by thinking about how you manage these sources:

Activities/source	Litres of moisture emitted per 24hrs	What does this look like?
Showers/baths	0.5L (per 10 min shower)	
Clothes washing	Up to 0.5L	
Clothes drying - Typically 2-4L/load (maybe up to 5L) if clothes dryer is unvented, or clothing is dried inside	2-4L	
Unflued gas heaters	1L (per hour on high)	
Cooking without lids	1-3L	

Practitionershub. (2017). *Level 1: Certificate in Home Energy Awareness Manual, 2017*. Community Energy Network.


## Useful information about Well Homes

Time frames that Well Homes works to:

1 – 2 WEEKS	4 – 6 WEEKS	3 – 9 MONTHS
REFER	VISIT	FEEDBACK
Referral received: <ul style="list-style-type: none"> <li>• Receipt of referral sent.</li> </ul> Whānau phoned: <ul style="list-style-type: none"> <li>• Agree to visit (yes/no).</li> <li>• If no, referrer is advised by letter.</li> </ul>	Assessment booked: <ul style="list-style-type: none"> <li>• Visit completed by assessor.</li> <li>• Referrers are contacted by letter if we are not able to make a time with whānau.</li> </ul>	<ul style="list-style-type: none"> <li>• When all housing interventions are finished a report is sent to the referrer, medical centre, whānau and put into medical records.</li> <li>• Interim feedback is available at any time. Phone 0800 675 675, or email <a href="mailto:wellhomes@huttvalleydhb.org.nz">wellhomes@huttvalleydhb.org.nz</a></li> </ul>

The referral form/information about our service is available online: [www.rph.org.nz/housing](http://www.rph.org.nz/housing)

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